

Avila News

PRAYER, SACRIFICE, SERVICE, AND STUDY

FIFTY-SECOND YEAR VOLUME V

avilascleveland.weebly.com

MAY, JUNE 2024



REGULAR MEETING AND HOLY HOUR

Wednesday,
May 15, 2024

PLEASE GATHER IN
FOUNDERS' ROOM
AT 10:00AM

HOLY HOUR WILL BEGIN
AT 10:30AM

Followed by Community
Mass with Seminarians,
Luncheon, and Speaker.

SPEAKER:

Rev. G. Max Cole
Pastor
Holy Angels Parish
Chagrin Falls

As always, friends/guests are most welcome! Please contact **Chris Ryan**, 440-983-0805, or avilascleveland.weebly.com, under contact, no later than noon on Monday the week of the meeting. **Active Members** are to call if not able to attend luncheons. **Sustaining Members** or **Guest reservations** are to call to make reservations. Donations for guests/sustaining members is \$13.00. Please remember to bring your Holy Hour Prayer Book. **Active Members:** Please leave your full name and phone number when calling to cancel reservation. Also, please note that **ALL Active Avila Members** have a standing reservation and need to call in cancellations when necessary. *Active Members who are unable to regularly attend meetings and cannot call to cancel luncheon reservations might consider becoming a sustaining member. Thank you.*

President's Corner

Dear Fellow Avila Members,

It is traditional to honor the Blessed Virgin Mary in a special way during the month of May. May crowning is often done on Mother's Day in various parishes. Here are a few simple ways to honor the Blessed Mother during this month.

1. *Make a Marian shrine in your home or yard*
2. *Pray a daily Rosary*
3. *Learn about Marian apparitions*
4. *Learn and recite a special Marian prayer*
5. *Pray the Seven Sorrows of Mary Rosary in addition to the regular Rosary*
6. *Make a special Novena in honor of the Blessed Mother.*
7. *Read a book about Mary*
8. *Consider making a Consecration to the Immaculate Heart.*



As Avila's we pray for a "yes" to be spoken in the heart of those God calls to a vocation to the priestly or religious life. During our prayers to Jesus and Mary in the month of May, let us pray for encouragement, comfort, and strength for our priests.

Have a safe and holy Summer!

*Blessings to All,
Marianne*

TO ALL PRAYER MOMS AND DADS

May—the month of ordination.

Please remember this important date in the life of your prayer son with a heartfelt greeting and thank you.

Your support is valued.

**PRAYER IN HONOR OF THE
SOLEMNITY OF THE MOST HOLY TRINITY
MAY 26, 2024**

Most Holy Trinity—Father, Son, and Holy Spirit—I worship You with profound love and adoration. I bow before Your greatness and perfect holiness. You are the One God in Three Persons. I give to You my life, all that I am, and all that I will be.

O my Love, my only Good, Most Holy Trinity, I adore You, hidden in the depths of my soul. To You, to Your honor and glory, I dedicate my life. May every thought, word and deed of mine be an act of adoration and praise directed towards Your Divine Majesty enthroned in my heart.

O Father, Infinite Goodness, behold Your child, clothed in the likeness of Your Son. Extend to me Your arms that I may belong to You forever.

O Son, Divine Lord, made man, crucify me with Yourself that I may become, in union with You, a sacrifice of praise for the glory of Your Father.

O Holy Spirit, Fire of Everlasting Love, consume me on the altar of Divine Charity, that at the end of life, nothing may remain but that which bears the likeness of Christ.

O Blessed Trinity, worthy of all adoration, I wish to remain in spirit on my knees, to acknowledge forever Your reign in me and over me, to Your everlasting glory.

Through the Immaculate Heart of Mary and the pure heart of St. Joseph, I consecrate my life to Your adoration and glory.

At the moment of death, receive me, O my Triune Love, that I may continue my adoration of love through all eternity. Amen.



Greg and Joan Evans

Susan Federico

Patti Rollins

(great-granddaughter of Ellen Newcomb)

Pat Rybka

Barbara Stein

Mary Ann Trask

Arch Tunnell



**For prayer requests contact Joan Evans at
joanevans1130ad@gmail.com or
440-331-2383.**

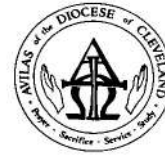


**The family and friends
of our Avila Vice-President
Kathy Woodworth.**



**May Kathy's soul
and all the souls
of the faithful departed,
through the mercy of God,
rest in peace.
Amen.**

**God Bless,
Susan Federico
Newsletter and Meditations**



“There is but one road which reaches God and that is *PRAYER*;
if anyone shows you another, you are being deceived.” *Saint Teresa of Avila*

May 2024

Please include the special intentions of the members of the following groups

| | | |
|-------------|-----------------|---|
| May | 5, 2024 | Order of St. Basil the Great (Philadelphia) (OSBM) |
| May | 12, 2024 | Order of St. Basil the Great (Uniontown) (OSBM) |
| May | 19, 2024 | Order of St. Benedict (OSB) |
| May | 26, 2024 | Benedictine Sisters of Erie, PA (OSB) |
| June | 2, 2024 | Bishop’s of the Diocese of Cleveland |

THE MIRACULOUS MEDAL: DESIGNED AND REVEALED BY MARY

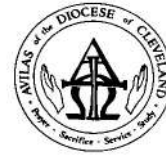
It was almost midnight in July 1830, when St. Catherine Labouré was awakened by a soft voice, whispering, “Sister, sister, sister.” She was led to the chapel where the Blessed Mother appeared and sat down near the altar. St. Catherine knelt at her feet, rested her hands in Mary’s lap, looked into her eyes and had a heart-to-heart conversation with her. Later, St. Catherine would refer to that night as “the sweetest moment of my life.”

Four months later, in November of 1830, Mary again appeared to St. Catherine at the Rue de Bac Chapel. This time, our Blessed Mother was standing on a globe, with dazzling rays of light streaming from her outstretched hands. Framing the apparition was an inscription: “O Mary, conceived without sin, pray for us who have recourse to thee.” When Mary spoke to St. Catherine, she said “Have a medal struck upon this model. Those who wear it will receive great graces, especially if they wear it around the neck. Those who repeat this prayer with devotion will be, in a special manner, under the protection of the Mother of God. Graces will be abundantly bestowed upon those who have confidence.”

With approval of the Catholic Church, the first medals were made in 1832 and distributed in Paris. Only ten of the original medals are known to exist, and one of them is housed at the Miraculous Medal Shrine. Almost immediately, the blessings that Mary promised showered down on those who wore her medal, and soon all of France was clamoring for what the people referred to as the “Miraculous Medal.” Use of the Medal spread from country to country, and, at the time of St. Catherine’s death in 1876, more than a billion medals had been made. Today, the Medal is still drawing down from God blessings for body and soul.

The Miraculous Medal was originally called the Medal of the Immaculate Conception, but, because of the numerous accounts of miracles by those who wore it, people began to call it the Miraculous Medal, and the name stuck. The Medal is a visual reminder of our salvation through Jesus Christ. The front side of the Miraculous Medal depicts Mary Immaculate, her hands open, full of light. St. Catherine Labouré saw Our Lady appear like this and heard her say, “Have a medal made according to this model. Everyone who wears it around their neck will receive great graces.” Mary stands upon the globe as the Queen of Heaven and Earth. Her feet crush the serpent to proclaim that Satan and all his followers are helpless before her (Gn. 3:15). The year 1830 on the Miraculous Medal is the year the Blessed Mother gave the design of the Miraculous Medal to St. Catherine. The reference to “Mary conceived without sin” supports the dogma of the Immaculate Conception of Mary — referring to Mary being sinless, “full of grace,” and “blessed among women” (Lk. 1:28). The dogma of the Immaculate Conception was proclaimed 24 years later in 1854, and then confirmed when Mary appeared to St. Bernadette Soubirous in Lourdes, France, in 1858. On the reverse side, the Cross and the letter M symbolize the close relationship of Mary to the suffering, passion, and death of her Son. The cross can symbolize Christ and our redemption, with the bar under the cross a sign of the earth and the Altar, for it is on the Altar at Mass that the Sacrifice of Calvary continues to be present in the world today. The M signifies “Mary” and “Mother.” The interweaving of Mary’s initial and the cross shows Mary’s close involvement with Jesus and our world. In this, we see Mary’s part in our salvation and her role as Mother of the Church. Beneath the Cross, bar, and the M are two hearts side-by-side: the Sacred Heart of Jesus crowned with thorns and the Immaculate Heart of Mary pierced by a sword. The two hearts represent the love of Jesus and Mary for us. The twelve stars signify the twelve tribes of Israel and the twelve apostles, who represent the entire Church as it surrounds Mary. They also recall the vision of Saint John, writer of the Book of Revelation (12:1), in which “a great sign appeared in heaven, a woman clothed with the sun, and the moon under her feet, and on her head a crown of 12 stars.”





"There is but one road which reaches God and that is *PRAYER*;
if anyone shows you another, you are being deceived." *Saint Teresa of Avila*

June 2024

Please include the special intentions of the members of the following groups in your Holy Hour this month:

| | | |
|------|----------|---|
| June | 2, 2024 | Bishop's of the Diocese of Cleveland |
| June | 9, 2024 | Christ the Bridegroom Monastery |
| June | 16, 2024 | Congregation of the Blessed Sacrament (SSS) |
| June | 23, 2024 | Byzantine Poor Clare Nuns (BNSC) |
| June | 30, 2024 | Carmel of the Holy Family (OCD) |
| July | 7, 2024 | Sisters of Charity of St. Augustine (CSA) |

SACRED HEART OF JESUS

The Church dedicates the month of June to the Sacred Heart of Jesus. Devotion to the Sacred Heart began in about 1672. Jesus appeared repeatedly to St. Margaret Mary Alacoque, a Visitation Sister, in France, during which time He explained the devotion to His Sacred Heart; He asked to be honored in the symbol of His Heart of flesh, asked for acts of reparation, for frequent Communion on First Fridays and keeping a Holy Hour.

Jesus is the incarnation of God's infinite love. The human nature which the Son of God took upon Himself was filled with love and kindness that has never found an equal. He is the perfect model of love of God and neighbor. Jesus handed down the fundamental feature of His character: "Take My yoke upon your shoulders and learn from Me, for I am meek and humble of Heart" (Mathew 11:29). The meaning of love in His life was especially evident in His sufferings. Out of love for His Father and for us, He underwent death on the Cross. At the Last Supper, He said, "There is no greater love than to lay down one's life for one's friends" (John 15:13).

We often forget that Jesus is always offering to us His most precious Heart and that we are the ones who put up barriers to His love. The Heart of Jesus never ceases to love us even now. He sanctifies us through the Sacraments, which are inexhaustible and boundless fountains of grace and holiness that have their source in His Heart. As we pray each day, let us recall what special things we can do to let God's love flood our soul.

***Divine Jesus, You have said,
"Ask and you shall receive, seek and you shall find,
knock and it shall be opened to you."***

***Behold me kneeling at Your feet,
filled with a lively faith and confidence in Your promises.***

To whom can I turn to if not You?

***Your Heart is the source of all graces and merits.
I have recourse to You; in You I find consolation when afflicted,
protection when persecuted, strength when burdened,
and light in doubt and darkness.***

***You are the God of Mercy, and You will not refuse a contrite heart.
Cast upon me a look of mercy, I beg You.***

***I will never stop adoring, loving, praising, and serving You.
Be pleased to accept this prayer as my perfect resignation
to the decrees of Your adorable Heart.***

***Grant me the grace for which I humbly implore You
through the Immaculate Heart of Your most Sorrowful Mother.***

Amen.