Avila News

PRAYER, SACRIFICE, SERVICE, AND STUDY

FORTY-NINTH YEAR VOLUME III

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JANUARY, FEBRUARY 2021



January Avila Mass, Holy Hour, and Luncheon is cancelled.

> A Prayer for The New Year

Lord,
Whether I leave behind
a year of joy
or of trials and difficulties,
I pause to give thanks.

Thank you being with me every day of every year.

Thank you for making all things new and for giving me the grace of fresh starts and new beginnings.

Remind me of your presence in the days to come, even when I feel pushed and rushed by busyness.

Be glorified in my life this year.

Amen.

---Heather King

Tresident's Corner

Jesus, Name Above All Names

The Name of Jesus is Holy, it is the name above all names and the foundation of the faith. St. Paul tells us in Phil 2: 9 "God highly exalted him and bestowed on him the name that is above all names so that at the name of Jesus every knee shall bow and tongue confess that Jesus Christ is Lord to the glory of God the Father."

The Name of Jesus is Sacred. In His name we pray to the Father with assurance and confidence that our prayers are heard. Jesus said, "If you ask the Father for anything in my name, it will be granted to you." (John 16:23) It is in the name of Jesus that the sacraments are administered by our priests. It is in the name of Jesus we receive blessings, healing and in his name demons flee.

The Name of Jesus is Powerful and Saving. Let us always invoke His name with great love and confidence. With confidence let us pray in Jesus' name for our priests, for their protection, especially in these times, that they will treasure the gift of celibacy, be faithful to their sacred duty and that they will have courage and strength to speak truth in these times of confusion.

Jesus' Name is Holy, so let us always remember to invoke his name often with great love, trust and reverence and to bow our heads when we speak or hear his name spoken. Invoking His Name is very powerful. Today many have lost respect and reverence for God and do not revere his Holy name. For this, out of love for Jesus, let us beg the Lord's forgiveness and make reparation for the times his name has been profaned. Possibly in this New Year we can pray more often the Litany of the Holy Name with two intentions; that we may grow in reverence for Jesus and His Holy Name and in reparation for how his name is used in vain. Along with this we can frequently throughout the day tell Jesus we love him and ask him to help us love him more and more. There is a beautiful song I remember from childhood maybe you remember it too.

"Jesus my Lord my God my all! How can I love Thee as I ought? And how revere this wondrous gift, so far surpassing hope or thought? Sweet Sacrament we Thee adore. O, make us love Thee more and more!"

(continued)

Jesus is our Savior, Lord, Redeemer, Living Word and Emmanuel, God is with Us and He is Worthy of all of our love and worship. Jesus is always with us and is a Very Present Help in times of distress. There is Power in the mention of his Holy Name. We never have to fear anything. He is our Hope and Strength and as it says in Phil. 4:13 "I can do all things through Christ who strengthens me." 2 Samuel 22:30 even tells us we can scale a wall. There is no limit to the power of the Name of Jesus. So let's begin the year 2021 with confidence and trust in the Holy Name of Jesus Our Lord and Savior and desire to love him more and more.

May the following prayer inspire us to revere our Lord's name so that we may draw closer to Him, as St. Paul sought to inspire his readers to do in his letter to the Colossians (3:17) the he wrote, "whatever you do in word or in deed, do all in the Name of the Lord Jesus."

Prayer to the Holy Name - St. Bernardine of Siena

Jesus, Name full of glory, grace, love and strength! You are the refuge of those who repent, our banner of warfare in this life, the medicine of souls, the comfort of those who mourn, the delight of those who believe, the light of those who preach the true faith, the wages of those who toil, the healing of the sick. To you our devotion aspires; by you our prayers are received; we delight in contemplating You. O Name of Jesus, You are the glory of all the saints for eternity. Amen

Blessings to all in this New Year.

Peace in Jesus and Mary. Marlyn Tunnell. Avila President



Do not hesitate to contact Joan Evans if you would like a prayer request sent out to the Avilas. You can email her at joanevans1130ad@gmail.com or call her at 440-331-2383.



Vera Casey Reeves and Rosemary Cochran Rosetta Comella Ann Edwards Joan Herchl Pat Hesland Barbara Kahoun Pat Keating Regina Lee Ruth Merriman Jim, nephew of Ellen Patton Ed Rollins Son-in-law of Ellen Newcomb William Rutherford Brother-in-law of Regina Lee Rosetta Saraniti Arch Tunnell David Tunnell Son of Arch and Marlyn

May the dear Lord Jesus,
who went about doing good and
healing all, bless all of our Avila
members and their families and friends who
are sick, and let them recover
their health soon. Amen.



God Bless, Susan Federico Publicity and Scripture Resource



Meditation For Holy Hour

"There is but one road which reaches God and that is *PRAYER*; if anyone shows you another, you are being deceived." Saint Teresa of Avila

January 2021

Please include the special intentions of the members of the following groups in your Holy Hour this month:

January	3, 2021	Maryknoll Fathers and Brothers (MM)
January	10, 2021	Mercedarian Sisters of the Blessed Sacrament (HMSS)
January	17, 2021	Sisters of Mercy of the Americas (North Carolina) (RSM)
January	24, 2021	Social Mission Sisters (SM)
January	31, 2021	For all Missionaries serving throughout the World
February	7, 2021	Sisters of the Most Holy Trinity (OSST)
January January January	17, 2021 24, 2021 31, 2021	Sisters of Mercy of the Americas (North Carolina) (RSM) Social Mission Sisters (SM) For all Missionaries serving throughout the World

HOPE NEVER FAILS



"Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access [by faith] to this grace in which we stand, and we boast in hope of the glory of God. Not only that, but we even boast of our afflictions, knowing that affliction produces endurance, and endurance, proven character, and proven character, hope, and hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit that has been given to us" (Romans 5:1-5).

No one can deny that 2020 was marked by social upheaval, political unrest, dramatic changes in weather and, of course, the Covid pandemic. But it is our task to look to the Lord when we struggle to hold His hope. He meets us in our moments of need and floods us with His love. We know that we must really place our hope in the Lord and trust that He has that perfect plan for us. The assurance that God is in control even when we are not gives us hope that His good, pleasing and perfect plan will come to fruition as long as we surrender to His ways and His will. We can either have our own way or look to the hope that is in Christ and trust that He is in control even when we are not. No matter what, we must remind ourselves that we are loved, that He holds us in the palm of His hand. God will carry us, regardless of the outcome. We be confident in the knowledge that He will grant us whatever graces we need to get through our trials. When we hope in the Lord, we will never be disappointed. His love never fails.

"You are my hope, Lord; my trust, GOD, from my youth. On you I have depended since birth; from my mother's womb you are my strength; my hope in you never wavers" (Psalm 71:5-6).

Hope in other people can easily fail. Hope in your personal dreams may become an illusion. Is there any hope that cannot fail? Yes is the certain answer, if God alone is your hope.

Hope can trust God when all others fail. Hope finds security for the future in God alone. He cannot fail. Hope in God Almighty is sure and certain. He who sustains life and holds the stars in space is hope secure. Those without faith in God will eventually become hopeless. Hope in God alone will not disappoint. When God is your hope, disappointment has no opportunity.

"They that hope in the LORD will renew their strength, they will soar on eagles' wings; they will run and not grow weary, walk and not grow faint" (Isaiah 40:31).

Humans fail. God never fails.

May we place our trust in Him and allow the Lord to hold our heart and our hope as we go forward into this New Year.

Avilas of the Diocese of Cleveland

Meditation For Holy Hour

"There is but one road which reaches God and that is PRAYER; if anyone shows you another, you are being deceived." Saint Teresa of Avila

February 2021

Please include the special intentions of the members of the following groups in your Holy Hour this month:

7, 2021	Sisters of the Most Holy Trinity (OSST)
14, 2021	Sisters of Notre Dame
21, 2021	Order of the Blessed Virgin Mary of Mercy (O de M)
28, 2021	Permanent Deacons of the Diocese of Cleveland
7, 2021	Poor Clare Colettine Nuns (PCC)
	14, 2021 21, 2021 28, 2021

THE GREATEST OF THESE



So faith, hope, love remain, these three; but the greatest of these is love (I Corinthians 13:13).

Jesus gave us the most important commandments: "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself" (Matthew 22:37-39). Jesus said that loving each other is like loving God. Everything hangs on these two commandments. These two commandments are inseparable.

This is how we are to love. Any love less than a giving and sacrificing love falls short of God's love and is like empty sentiments in a card. We must know that love is the most important thing, the driving force as to how we live our lives. It is in being in relationship with the Author of love that we are able to love. I John 4:8 tells us, "Whoever is without love does not know God, for God is love.," and I John 4:16 says, "God is love, and whoever remains in love remains in God and God in him."

We should all have a personal longing to grow in love. Love can and should be a very powerful, motivating force in our lives. We have seen how it prompted God and Christ to express their love for us. The greatness of love can also be seen in how we should express it in our lives. Great is God's love toward us; should we not love God with great zeal in return?

It is not easy to express love all the time. We get tired, frustrated, angry, and many other emotions and expressions. Our sin and our flesh try to rule over our spirit. The virtues of faith, hope and love defined the early Christians, and they must define us. While our hope is grounded in our faith, love is the living-out of our faith.

When the pandemic led to the first shutdown in March, many of us had an instinctive faith response, wondering how to help those in need. They chose to love their neighbors as an expression of their love for God. As time went on, more people stepped up to take care of the poor and the elderly with donations, helping to distribute food, grocery shopping for those who could not go out, offering childcare as parents had no choice but to work. This is love. Health care workers stepped up and made immense sacrifices to save lives, working long hours, some without adequate personal protection. Many became ill with the virus that they were trying to save others from. This is love. Grocery store workers, cleaners and disinfectors risked their health as they helped maintain the smooth functioning of society. Many teachers did their best to adopt new methods to educate their students. This is love.

Love comes from God and helps us to live for God. Strive to think like Jesus, talk like Jesus and act like Jesus. There is no better way to live up to our calling. Have faith in God, hope in His promises and love for God.