

Avila News

PRAYER, SACRIFICE, SERVICE, AND STUDY

FORTY-EIGHTH YEAR VOLUME III

avilascleveland.weebly.com

JANUARY, FEBRUARY 2020



REGULAR MEETING AND HOLY HOUR

Wednesday,
January 15, 2020

PLEASE GATHER IN
FOUNDERS' ROOM
AT 10:00AM

HOLY HOUR WILL BEGIN
AT 10:15AM

Followed by Community
Mass with Seminarians,
Luncheon, and Speaker.

SPEAKER:

Reverend Conrad Wald, OSB
St. Andrew Abbey

As always, friends/guests are most welcome! Please call **Diana Capretta, 216-396-0358** no later than noon on Monday, January 13, if you cannot attend or to make additional reservations. Guest donation is \$9.00. Please remember to bring your Holy Hour Prayer Book. **Members:** Please leave your full name and phone number when calling to cancel reservation. Also, please note that **ALL Avila Members** have a standing reservation and need to call in cancellations when necessary. **Members who are unable to regularly attend meeting and cannot call to cancel luncheon reservations might consider becoming a sustaining member.** Thank you!

President's Corner

THE HOLY NAME OF JESUS

"For this reason also, God high exalted Him, and bestowed on him the Name which is above all names, so that at the name of JESUS every knee will bow of those who are in heaven and on earth and under the earth, and that every tongue will confess that Jesus Christ is Lord to the glory of God the Father" (Philippians 2:9-11).

Traditionally the Church celebrates and dedicates January as the Month of the Most Holy Name of Jesus. God himself chose this name; it was the angel Gabriel who instructed Mary and St. Joseph that their child's name would be Jesus, which means "God saves." We see the reverence with which the Jews held the Name of God. The Second Commandment is "You shall not take the Name of the Lord your God in vain." In the New Testament, Christ teaches us to pray in the Our Father, "Hallowed be thy name."

There is Power in the name of Jesus ... power to save and to heal. Acts reveals that the Apostles baptized, healed, cast out demons, preached and anointed in the Name of Jesus. In His name we can pray with confidence to the Father knowing our prayers are heard. Jesus said, "if you ask the Father anything in my name, it will be granted to you." (John 16:23).

Throughout the ages, the Church has always believed the power in the Lord's name to consecrate and make holy the work of the Church (Col.3:17). It is in the Name of Jesus that the sacraments are administered by our priests, that we receive blessings and healing. Demons flee at His name. In the Name of Jesus let us pray for our priests and for their protection, that they treasure the gift of celibacy, are faithful to their sacred duty, that they proclaim the Holy Name with boldness and power.

Our culture today has lost its respect and reverence for God. His Holy Name is often misused in profane speech. We must beg the Lord's forgiveness and make reparation. Invoke Jesus' name often with great love and reverence and bow our heads when we speak or hear His name. Speak His name unashamedly! During this month, we can daily pray the Litany of the Holy Name that we grow in reverence for Jesus and His Holy Name, and in reparation for the misuse of His name. Simple gestures call our minds toward the Divine to provide a small sacrifice of prayer such as making the Sign of the Cross when passing a Church.

Jesus is the Name above all Names, holy, sacred and worthy of all our love, praise, worship and Adoration. Let's make it our mission to spread love for Him and always invoke His name with love in prayer and when seeking his mercy so that as St. Paul exhorted the Philippians, we would bend our knees and bow our heads at the very mention of the name of our Savior, Jesus a name above all Names, a name that saves, Jesus Christ our Lord.

Marlyn Tunnell, Avila President

☞ November Avila Gathering ☜

Born in Poland in 1960, Father Kusy began studying English at the age of seven. He attributes much of his vocation to prayers from family, especially his grandparents, and also due to Pope St. John Paul II whose papacy lasted for 27 years. He is convinced that each one of us receives a special calling, and that his own priesthood, for which he gives thanks daily, has been a generous gift from God.

The 1980's were a difficult and tumultuous time in his native Poland; martial law was declared in 1981. Many Catholic priests and lay people were persecuted, but Catholics found a way to maintain their tradition and hand it down to later generations. It was these traditions, along with his becoming an altar server at the age of six and becoming involved in parish life, that helped shape him into the man and priest he is today. It is good to note that the country is now over 90 percent Catholic. It is probably difficult for the majority of Americans to understand what things were like in his country then, though Father believes Catholics are undergoing social persecution here now.

Three of Father Kusy's friends entered the seminary in 1980, and he himself, along with four other young men from his parish, entered the following year. There are currently about 450 men in the seminary there now! He first visited the United States in 1990, and was honored to have celebrated Mass with Pope St. John Paul II in 1997 at Gandolfo. Father is very devoted to Our Blessed Mother, and loves serving the people in Cleveland, though he admits it is easier for him to do so in Polish!

The most important point we can gain from Father Kusy's talk was an affirmation of how vital it is for us as Avilas to pray for our seminarians and priests!

Father George Kusy was born in Poland in 1960 where he completed his elementary and high school education, he entered the seminary in Lublin, Poland in 1981 and was ordained in 1986. He studied Canon Law at the Catholic University of Lublin where he received the title "Master of Law." He served as the seminary administrator from 1992 to 1997. He arrived in the United States in May 1997, and became an American citizen in June 2015. He has been Assistant Pastor at St. Casmir Church and at St. Stanislaus Church in Cleveland and at St. Mary of the Falls in Olmsted Falls. He was named Administrator of St. Cyprian Church in Perry in July 2008, and was appointed Pastor there in November 2009, where he still currently serves.

Prayer to the Holy Name St. Bernardine of Siena

Jesus, Name full of glory, grace, love and strength! You are the refuge of those who repent, our banner of warfare in this life, medicine of souls, comfort of those who mourn, delight of those who believe, light of those who preach the true faith, wages of those who toil, healing of the sick. To You our devotion aspires; by You our prayers are received; we delight in contemplating You. O Name of Jesus, You are the glory of all the saints for eternity. Amen.



Carol & Stan Baranowski

Ann Edwards

Ruth Merriman

Rosetta Saraniti

Arch Tunnell

David Tunnell

Son of Arch and Marlyn



*May the dear Lord Jesus,
who went about doing good and
healing all, bless all of our Avila
members and their families and friends
who are sick, and let them recover their
health soon. Amen.*

*Do not hesitate to contact Joan
Evans if you would like a
prayer request sent out to the
Avilas. You can email her at
joanevans1130ad@gmail.com
or call her at 440-331-2383.*

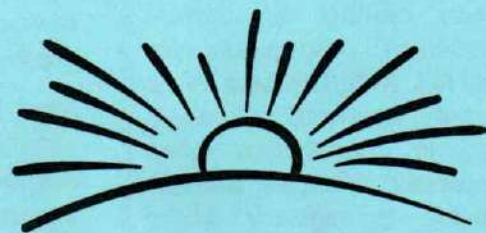
*Please pray for the repose of the
soul of Bishop Richard Lennon.*

*Eternal rest grant unto him, O Lord,
and let perpetual light shine upon
him. May his soul and all the souls
of the faithful departed rest in
peace. Amen.*

God Bless!

Susan Federico

Publicity and Scripture Resource



**Happy New Year
Beginnings!**



"There is but one road which reaches God and that is PRAYER;
if anyone shows you another, you are being deceived." *Saint Teresa of Avila*

January 2020

Please include the special intentions of the members of the following groups
in your Holy Hour this month:

January	5, 2020	Order of St. Basil the Great - Uniontown (OSBM)
January	12, 2020	Order of St. Benedict (OSB)
January	19, 2020	Benedictine Sisters of Erie, PA (OSB)
January	26, 2020	Bishop's of the Diocese of Cleveland
February	2, 2020	Sisters, Christ the Bridegroom Monastery

A DO-IT-YOURSELF RETREAT

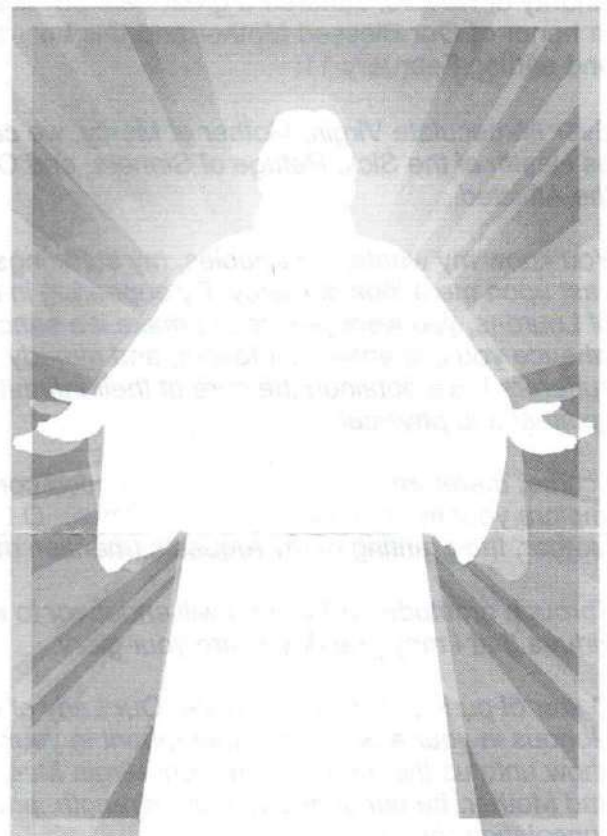
Father McCandless opened up our Avila Day of Prayer with a brief talk. He said that a retreat is an escape, a good time to move away from the business of life and cut ourselves off from our daily routine. While on a retreat, we must ask for a disposition of receptivity so that we can be open to whatever God puts in our minds and hearts.

The New Year is a good time to go on a retreat, a personal retreat. You can do this in the privacy of your home after all the hustle and bustle of Christmas is over. It could be the perfect antidote to our busy lives. Set aside one day to do this. Jesus told His Apostles, "Come away by yourselves to a deserted place and rest a while" (Mark 6:31). You may need to make an important decision or pray for healing of oneself or another. Regardless, your one day personal retreat can help you recuperate from the stress of the holidays.

Start the day by going to Mass. Ask the Holy Spirit to help you quiet your mind so you can spend the day without the usual distractions. Ask for clarity throughout the day. Ask the Lord to recharge your soul and to be generous with the graces that He will give you during the course of the day.

Go home and create your own desert place. Find a quiet spot, preferably near a crucifix or picture of Jesus to help you keep your mind from wandering. It is important to be still and silent as much as possible because we are unable to hear God's voice if we are thinking about those things that serve only to distract us. Perhaps you can start by re-reading the Scriptures of the day, ponder what they mean and how they might be applicable to you. Reread the Psalm, try to chant it. You don't have to be a good singer; you are by yourself, and God loves the efforts that we make to try and get closer to Him. Close your eyes and imagine that Jesus is sitting next to you. Trust that He is with you. Tell Him that you are open to Him entering more fully into your life.

During the course of the day, you can recite a Rosary or Stations of the Cross or read from a spiritual book. *Consoling the Heart of Jesus* by Fr. Michael E. Gaitley, M.I.C. is billed as "A Do-It-Yourself Retreat" and is specifically written for laypeople who are seeking to create their own retreat. Regardless, make sure you leave plenty of time for contemplation during the day and to listen to what the Lord wants to say to you. Offer Him your heart and mind. Father McCandless said that there is not much rainfall in the desert, but all it takes is one rain to bring new life to the surface. We must ask the Lord to fill our hearts with a new courage to give ourselves away and to feed us so that we can feed others.





"There is but one road which reaches God and that is PRAYER;
if anyone shows you another, you are being deceived." *Saint Teresa of Avila*

February 2020

Please include the special intentions of the members of the following groups
in your Holy Hour this month:

February	2, 2020	Sisters, Christ the Bridegroom Monastery
February	9, 2020	Congregation of the Blessed Sacrament (SSS)
February	16, 2020	Byzantine Poor Clare Nuns (BNSC)
February	23, 2020	Carmel of the Holy Family (OCD)
March	1, 2020	Sisters of Charity of St. Augustine (CSA)

Our Lady appeared to St. Bernadette Soubirous eighteen times in Lourdes, France in 1858, just four years after the Pope had declared the Immaculate Conception to be dogma. Bernadette was a poor peasant girl, and many in her town disbelieved that the Virgin Mary had actually appeared to her. But Our Lady told Bernadette to dig in the grotto, and when she did a spring of water spilled forth. When people washed in the spring they received miraculous healings unexplainable by doctors. When Bernadette asked what the Lady's name was, she answered "I am the Immaculate Conception." Bernadette went on to enter the Sisters of Charity of Nevers, suffered a great deal physically, and died at just 35 years old. She was canonized in 1933. In honor of Our Blessed Mother and this holy saint, St. Bernadette, let's say this Novena starting February 2 and ending February 11:

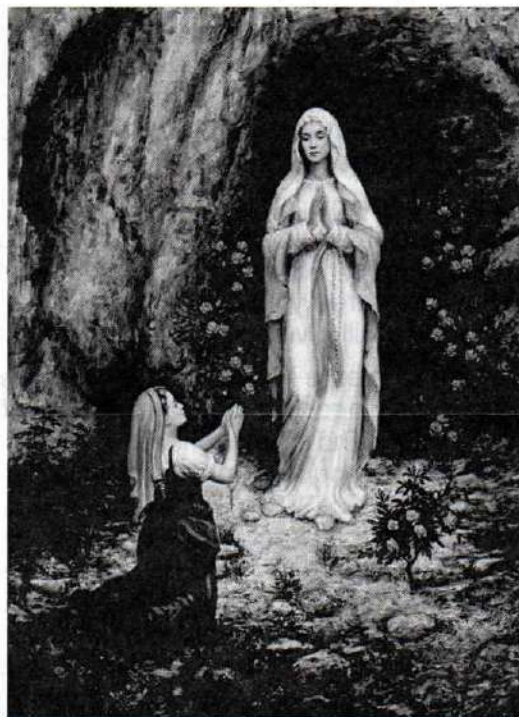
Ever Immaculate Virgin, Mother of Mercy, we call upon you as Health of the Sick, Refuge of Sinners, and Comfort to the Afflicted.

You know my wants, my troubles, my sufferings. Deign to cast upon me a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make it a sanctuary whence you dispense your favors, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical.

I come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain, O loving Mother, the granting of my requests (mention them here).

Through gratitude for favors, I will endeavor to imitate your virtues that I may one day share your glory.

O star of purity, Mary Immaculate, Our Lady of Lourdes, glorious in your assumption, triumphant in your coronation, show unto us the mercy of thy Son. Virgin Mary, Queen and Mother, be our comfort, hope, strength, and consolation. Amen.



***Our Lady of Lourdes, pray for us.
Saint Bernadette, pray for us.***

Daily prayers to supplement the above can be found at:
<https://catholicnovenaapp.com/novenas/our-lady-of-lourdes-novena/#>