

# Avila News

PRAYER, SACRIFICE, SERVICE, AND STUDY

FORTY-SEVENTH YEAR VOLUME V

avilascleveland.weebly.com

MAY, JUNE 2019



## REGULAR MEETING AND HOLY HOUR

Wednesday,  
May 15, 2019

PLEASE GATHER IN  
FOUNDERS' ROOM  
AT 10:00AM

HOLY HOUR WILL BEGIN  
AT 10:15AM

Followed by Community  
Mass with Seminarians,  
Luncheon, and Speaker.

### SPEAKER:

Reverend Sean Donnelly  
Pastor

Immaculate Conception  
Parish, Madison

As always, friends/guests are most welcome! Please call Marlyn Tunnell, 440-442-7538 no later than noon on Monday, May 13, if you cannot attend or to make additional reservations. Guest donation is \$9.00. Please remember to bring your Holy Hour Prayer Book. **Members:** Please leave your full name and phone number when calling to cancel reservation. Also, please note that **ALL Avila Members** have a standing reservation and need to call in cancellations when necessary. **Members who are unable to regularly attend meeting and cannot call to cancel luncheon reservations might consider becoming a sustaining member.** Thank you!

## President's Corner

### To Jesus Through Mary

Our patron, St. Teresa of Avila, had a great love for the Blessed Virgin Mary. The title of her Marian devotion was specifically Our Lady of Mount Carmel. We can imitate our patron and wear the Scapular of Our Lady of Mt. Carmel as a sign of our own love and devotion to the Mother of God. This can be an external sign of our consecration to the Blessed Mother's Immaculate Heart. To consecrate oneself to Mary is to choose, after the example of many saints of the Church, to belong to her in a special way to follow Jesus with her and through her. At the last apparition of Fatima, Our Lady appeared as Our Lady of Mt Carmel holding a Scapular in her outstretched hand. In the apparitions of Our Lady at Fatima, Our Lady requested us to pray the rosary. In this month of May, as we honor the Blessed Mother, let us remember what some other saints have told us:

*"One day, through the Rosary and the Scapular, Our Lady will save the world."  
(Saint Dominic)*

*"The greatest method of praying is to pray the Rosary."  
(Saint Francis de Sales)*

*"When you say your Rosary, the angels rejoice, the Blessed Trinity delights in it, my Son finds joy in it too, and I myself am happier than you can possibly guess. After the Holy Sacrifice of the Mass, there is nothing in the Church that I love as much as the Rosary."  
(Our Lady to Blessed Alan de la Roche)*

*In the Hearts of Jesus and Mary,  
Virginia Kovacina*

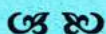


TO OUR NEW AVILA OFFICERS  
WHO WILL BE INSTALLED  
AT OUR MAY 15 GATHERING:

Marlyn Tunnell, President  
Kathy Woodworth, Vice-President  
Marianne Repinski, Treasurer  
Margaret Zeis, Secretary

## MARCH AVILA GATHERING

We were pleased to host Sister Mary Brendon Zajac, SND, as our March speaker. She encouraged us to have the heart to do what is right and to take God seriously, and, as St. Pope John Paul II said, "the love of the Church must be the passion of our lives." She reminded us that God is faithful to His promises and faithful through His Word. A great example for us, Sister testified that, in obedience, she gave up control of planning for her future. Though there have been difficult times in her life, she knows that God has used this obedience for good. We, too, must commit ourselves to Him, knowing that He commits to us as well, giving us all the graces we need. As Catholics, our call to vocations does not make sense to the world, but we are called to persevere. "Once a Catholic, always a Catholic." There is no opting out clause! We are appreciative of Sister's inspirational talk and the time she took out of her busy schedule to be with us. Thank you, Sister!



*Sister Mary Brendon Zajac, SND. Sr. Brendon received her BS degree from Notre Dame College, a M.Ed Degree from Cleveland State University, her M.A. Degree from Walsh University and her Doctor of Ministry Degree from St. Mary Seminary and Graduate School of Theology. Sister is a lifelong educator as teacher and administrator. In 2011, the Rector of the St. Mary Seminary, Fr. Mark Latcovich, invited Sister to join the Seminary Faculty. Sister Brendon's teaching and administration experience has been a blessing in serving the ministry of priestly formation and advanced theological studies here at the Seminary. Sr. Brendon is the Assistant Academic Dean, Registrar, Professor of Pastoral Theology, and Director of Educational Technology here at Saint Mary Seminary and Graduate School of Theology.*

## Reasons to Celebrate

Please remember in your prayers  
Bishop Anthony Pilla  
who will celebrate 60 years of priesthood in May.



Congratulations to Jim and Diane Kondik  
whose grandson, Nick Giannetti,  
will be ordained on June 28,  
the Feast of the Sacred Heart,  
in the Diocese of Steubenville.



World Priest Day  
June 28, 2019  
Feast of the Sacred Heart



*Patricia Casey,  
daughter of Vera Casey.*

*Valerie Ferrante*

*Nancy Hach*

*Ann Williams*

*Ann Marie Zelenka*



*May the dear Lord Jesus,  
who went about doing good and  
healing all, bless all of our Avila  
members and their families and friends  
who are sick, and let them recover  
their health soon. Amen.*



*Paul Hruby  
on the passing of his wife,  
Theresa Hruby.*

*Ellen Newcomb,  
on the passing of her daughter,  
Joyceann.*

*The family of  
Marcella Bina.*

*Please pray for the repose of the souls of  
all the faithful departed.  
May they rest in peace. Amen.*

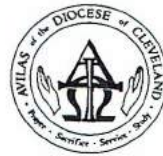
### Active Member Roster Update

*Ruth Merriman  
22421 Lake Road #219  
Rocky River, OH 44116  
216-672-3417  
rbmerr@cox.net*

*God Bless!*

*Susan Federico  
Publicity and Scripture Resource*

# Avilas of the Diocese of Cleveland



## Meditation For Holy Hour

"There is but one road which reaches God and that is *PRAYER*;  
if anyone shows you another, you are being deceived." *Saint Teresa of Avila*

May 2019

Please include the special intentions of the members of the following groups  
in your Holy Hour this month:

May	5, 2019	Society of Jesus (Detroit Province) Jesuits (SJ)
May	12, 2019	Congregation of St. Joseph (CSJ)
May	19, 2019	Sisters of St. Joseph (CSJ)
May	26, 2019	Sisters of St. Joseph of St. Mark (Cleveland) (SJSM)
June	2, 2019	Sisters of St. Joseph of St. Mark (Youngstown) (SJSM)

*"For this is the month during which Christians, in their churches and their homes, offer the Virgin Mother more fervent and loving acts of homage and veneration; and it is the month in which a greater abundance of God's merciful gifts comes down to us from our Mother's throne."*

*- Blessed Pope Paul VI in his Encyclical on the Month of May.*



*How can we refuse God's special blessings in May?*

*Do something special for Mary during the month of May:*

- ♦ Make a May altar, make a crown of flowers for Mary and have a May crowning.
- ♦ Have more attentiveness and affection for Mary when reciting the Rosary, spread devotion to the Rosary and teach someone how to recite the Rosary.
- ♦ Share a Miraculous Medal with someone and tell them how special it is.
- ♦ Wear a Brown Scapular of Our Lady of Mt. Carmel if you do not already do so.
- ♦ Read a book about Mary. Consider "The World's First Love: Mary, Mother of God" by Venerable Archbishop Fulton J. Sheen.
- ♦ Visit a church dedicated to Mary or perhaps a pilgrimage to one of Her shrines.
- ♦ Make little sacrifices in Mary's honor throughout the day.
- ♦ Offer small but frequent prayers of love to Mary during the course of each day, such as "Mary, my Mother, I love You" or "Mary, blessed be Your purity."
- ♦ Alternate reciting a Hail Mary and Hail Holy Queen each time the clock strikes the hour. Recite three Hail Mary's before going to sleep at night.
- ♦ Recite with great affection the Regina Caeli (until Pentecost) and the Angelus daily at noon.
- ♦ Do your ordinary work well in honor of Mary's life, remembering that she, too, kept house and cared for Jesus and Joseph.
- ♦ Say a kind word or offer a helping hand for someone in honor Mary's selflessness and joy in visiting her cousin, Elizabeth.
- ♦ Offer up some pain, discomfort or inconvenience in honor of the hours Mary spent in front of her son while He was dying on the cross.
- ♦ Recite a Memorare for the person in your family who needs it most.
- ♦ Smile in honor of Mary's humility when someone belittles us or corrects us.
- ♦ Make a consecration to Mary. Consider Fr. Michael Gaitley's "33 Days to Morning Glory."

One of Jesus' last words were "*Behold Your Mother.*"

***"God wills that all His gifts come to us through Mary." - St. Bernard***

"There is but one road which reaches God and that is *PRAYER*;  
if anyone shows you another, you are being deceived." *Saint Teresa of Avila*

June 2019

Please include the special intentions of the members of the following groups  
in your Holy Hour this month:

June	2, 2019	Sisters of St. Joseph of St. Mark (Youngstown) (SJSM)
June	9, 2019	Sisters of St. Joseph Third Order of St. Francis (SSJ-TOSF)
June	16, 2019	Society of Our Lady of the Way (Secular Institute)
June	23, 2019	Missionaries of Our Lady of LaSalette
June	30, 2019	Sisters of the Living Word (SLW)
July	7, 2019	Society of Mary (Marianists) (SM)

Holy Mother Church has dedicated the month of June to a devotion that is designed to remind us of the depth of God's passionate love for his creatures: devotion to the Sacred Heart of Jesus.

*The prayer of the Church venerates and honors the Heart of Jesus just as it invokes his most holy name. It adores the incarnate Word and his Heart which, out of love for men, he allowed to be pierced by our sins. Christian prayer loves to follow the way of the cross in the Savior's steps.*

—From the Catechism of the Catholic Church #2669



As May was the month of Mary and June the month of the Sacred Heart and May leads into June, Mary leads us to love of her Son, symbolized by His Heart.

*Be sure to do something extra special in honor of His Sacred Heart during the month of June:*

- ♦ Jesus gives us His heart again and again, and we must give our hearts to Him in return. Consecrate yourself to the most Sacred Heart of Jesus this month. Consider using "Consoling the Heart of Jesus" by Fr. Michael Gaitley.
- ♦ Have your home enthroned to the Sacred Heart of Jesus and to the Immaculate Heart of Mary.
- ♦ Make acts of reparation to the Sacred Heart for all the atrocities done against Him. Console His Heart by making Holy Hours in front of the Tabernacle.
- ♦ Offer small but frequent prayers of love to Jesus during the course of the day such as, "Sacred Heart of Jesus, have mercy on us" or "Sacred Heart of Jesus, I place all my trust in Thee."
- ♦ Loving the Sacred Heart of Jesus means returning love for love, bringing His love to others, loving and forgiving our enemies and those who persecute us.
- ♦ Learn the 12 Promises of Jesus to those who venerate His Sacred Heart.

***Do not let the past disturb you, just leave everything  
in the Sacred Heart and begin again with joy. —St. Teresa of Calcutta***